

## **Vegetarian Borscht, Cabbage Rolls with Meat Ingredients & Allergens**

Green cabbage

Potatoes

Beets

Onion

Carrots

Sunflower seed oil

Canned tomato paste (low sodium)

Canned beans (white or red kidney)

Salt

Pepper

Bay leaves

Garlic

or pre-made seasoning mix for borscht

Sour cream

Cabbage head

White rice

Ground beef or pork or chicken

Butter

Tomato paste or juice

Dill

Tomato sauce

Canned diced tomatoes