

INGREDIENTS:

Buns (subs)

- Frank's European Bakery, 5570 56 Ave SE
- (403) 272-1769

Rice wrap, vermicelli and hoisin sauce*

- Hong Kong Market, 3215 17th Ave SE
- (403) 387-7798

Sliced Beef

- HD MEATS LTD, 4-5147 20 Ave SE, Bay #4
- (403) 630-8106

*Lac Viet also sells the premixed hoisin sauce for the salad rolls.

Sate Beef

- sliced beef (*Recommendation: inside round or eye of round beef cut*)
- sugar
- salt
- soya sauce
- oyster sauce (*optional*)
- garlic powder
- onion powder
- crushed chilli
- sesame oil
- paprika
- crushed lemongrass

Sate Beef Subs

- sub buns
- Sate beef
- carrot
- english cucumber
- cilantro
- mayo

Sate Beef Salad Rolls

- Sate beef
- rice papers
- vermicelli
- lettuce/salad head
- hoisin sauce